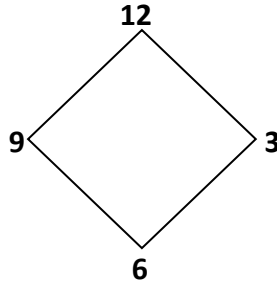


(See music notes at the end)

Positions are according to the clock face
front of the set (nearest caller)



The phrase **polka equivalent**s has been used to show the length of the figures.

Step up At start and between each figure 8 steps

(Left foot start, ie left leg over first, polka throughout)

Sticks : Start down before dancing starts.

Both hands In (upright like candles) Both hands forward straight arms

Both hands in Both hands out to the sides

Both hands in Both hands up

Both hands out to the sides Both hands down

Compass Forward & Back 16 steps (polka equivalents)

Hands by your sides when skipping both hands up when polkaing

4 skipping steps forward, 1 polka back, 1 polka to turn 90 degrees to the right

Repeat 3 times (4 times all together)

Diamond rounds 16 steps (polka equivalents)

(Hands down when stepping, hands up when kicking, alternate hands to leg when polkaing left leg/right hand)

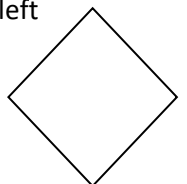
Dancing towards next place anti-clockwise

Step step , kick kick, polka polka (turning to face next position on second polka)

Repeat 3 times

Square corners 32 steps (facing up throughout apart from turning).

(Hands at candles when moving, and alternating when turning on spot right hand with left foot, left hand with right foot)



FACING FORWARD THROUGHOUT

Moving anti-clockwise around square

2 polkas to nearest corner, 4 polkas turning on the spot clockwise 90 degrees, 1 polka for each turn.

4 polkas to second corner and turn

4 polkas to third corner and turn

4 polkas to fourth corner and turn

2 polkas back to place.

(Position 12 moves sideways first, Position 3 moves forward first

Position 6 moves sideways first, Position 9 moves backwards first)

Sidekicks (Royton) 16 steps (Hands out to the side)

***Tap foot out to the left side, then behind, then side, then front and back to place.**

Hopping on the right foot as you do it.



Repeat to the right. Step kick to front 4 times turning 180 degrees clockwise on the spot.

Repeat from* starting with the right but do a longer or shorter turn clockwise depending on which position you are to end facing in.

12 full turn -360 degrees

3 turn one and a quarter - 450 degrees

6 turn half way - 180 degrees

9 turn three quarter turn -270 degrees

Final Figure

Do step up facing in

Four skipping steps backwards hands down, 2 polkas turning clockwise to the right to face out (180 degrees). Hands up when turning

Four stepping steps backwards hands down, 2 polkas on the spot hands up finish second polka by landing on right foot, left foot kicked out in front to finish

Ending two hands up leg up! And smiling!

MUSIC NOTES

Music suggested is Brighton Camp or similar.

Lockdown Dance

A = intro

A Step up

B B Compass Figure

A Step up

B B Diamond Rounds Figure

A Step up

B B B B Square Corners Figure

A Step up

B B Royton Figure

A - Final Figure + 1 A to FINISH

Chinewrde Morris Dancers