



THE LANCASHIRE COMPETITIVE CLOG DANCE

Source: Julian Pilling from Fawcett of Failsworth and S.Cash of Blackley  
Music: Manchester, Liverpool Hornpipes or John Brown's Body, Nelly Grey.

Rhythm: Broken Hornpipe  $\frac{4}{4}$  |  | break is 

Structure: Start with right foot for 6 bar, finish with break and repeat starting with left. Movement of foot is small. It is done in a semi-circle and the stepping is mainly on the toes.

BREAKS

HALF-BREAK - to finish step done on the right foot.

- First Bar
  - 1. L down
  - & R tap
  - 2. R tap } Shuffle
  - & R down }
  - 3. L down
  - & R tap
  - 4. R tap } Shuffle
  - & R down }

- Second Bar
  - 1. L down flat foot
  - 2. Hold
  - 3. R down flat foot 5th position
  - 4. Hold

FULL-BREAK - to finish step done on left foot.

- First bar
  - 1. R down, on toe
  - 2. R heel beat raising L leg in front with knee bent.
  - 3. L down flat foot
  - 4. Hold

FINAL BREAK

- First Bar As above
- Second Bar
  - 1. R down flat foot
  - 2. L down flat foot in 5th position
  - 3. R down raising L leg in front with knee bent
  - 4. Hold

KICK BREAK

- First Bar
  - 1. L down
  - & R tap
  - 2. R tap } Shuffle
  - & R down }
  - 3. Spring off both feet
  - & Hit soles together in the air
  - 4. Land on both feet
  - & Hold

Second Bar 1. L down flat foot  
 2. R down flat foot  
 3. L down 5th position  
 4. Hold.

FIRST STEP - single shuffle right, followed by a double beat and then a single shuffle left

First Bar 1. L toe down  
 & R tap }  
 2. R tap } shuffle  
 & R down }  
 3. L down  
 & R down  
 4. L down  
 & Hold

Second Bar Repeat on opposite feet

SECOND STEP - as 1 but two shuffles on each foot taking  $1\frac{1}{2}$  bars - 4 in 6 bars

FIRST Bar 1. L down  
 & R tap }  
 2. R tap } shuffle  
 & R down }  
 3. L down  
 & R tap }  
 4. R tap } shuffle  
 & R down }

HALF Bar 1. L down  
 & R down  
 2. L down  
 & Hold

THIRD STEP - as 1 except half circle of shuffle is around supporting foot and the double beat is done legs crossed.

FOURTH STEP - shuffle round supporting leg again.

1. L down  
 & R tap  
 2. R tap  
 & R down  
 3. L down  
 & Hold  
 4. Left hop, swing right leg back to position  
 & Hold

FIFTH STEP - as 1.but stamp in place of double beat.

- 1.&2.& as before
- 3. L down
- & Hold
- 4. R stamp
- & Hold

SIXTH STEP - double shuffle

- 1. L down
  - & R tap
  - 2. R tap
  - & R down
  - 3. L down
  - & R tap
  - 4. R tap
  - & Hold
  - 1. R down
- } shuffle
- } shuffle

SEVENTH STEP - treble - as third and 4th round supporting foot - stepping as first bar of step 2, first 4 round L foot and second 4 back to position.

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