

Sarah

Westhoughton

This is the version danced by Whitethorn Morris, November 1996.

Stepping Polka step throughout figures. Right foot start. If on the spot, always dance rather than standing still.

Arms In figures, as right foot goes in front, sling left above head. As left foot goes in front sling right above head. Arm unless otherwise stated. Step up explained below.

Figures
 Step up
 Zigzags
 Step up
 Lead round & Long Corners
 Step up
 Cast out
 Step up
 Eights
 Step up
 Chain
~~Step down~~
~~Final figure~~

Copy

Step Up Walk forward 3 steps, hop and single kick with straight left leg on 4th, walk back 3 steps, tap down on 4th. Repeat
 Hands cross over and down on 1, uncross to point out 45° and down on 2, cross again on 3, and up with arms forming V above head on 4. Then Down and cross on 5, uncross on 6, cross on 7 and move down to sides on 8. Repeat.

~~NB on spot~~

Zigzag Steps 1-4 All face right diagonal on 1st polka

NB 1 on spot. Cross. Left. Steps 5-8

Dancers 1&4, 3&6, 5&8 cross over to change places passing left shoulders on steps 2, 3, 4. Neutrals stay facing right diagonal for all 4 steps
 All face left diagonal on 1st polka
 Dancers 2&6, 1&8, 3&7 cross over to change places passing left shoulders on steps 2, 3, 4. Neutrals stay facing left diagonal for all 4 steps.
 Continue until home - watching lines all the way.

Steps 9-32
 Lead Round & Long Corners:
 Steps 1-4

On final tap of step up ~~evens~~ turn out and face down. Odds cast out and down to invert line while ~~evens~~ cast out and up. Shape should be semi-circular

Steps 5-6
 Steps 7-8

Continue semi-circular shape and move around creating a circle.
 Continue shape but flatten out of circle into a set again having changed sides.

Steps 9-16

~~No arms~~. Face across set until move off. Dancers in places 2&7 (i.e. dancers 1 and 8) take 4 steps to change places passing left shoulders, starting on step 9. Dancers in places 1&8 set off on step 10, places 4&5 start on step 11 and places 3&6 start on step 12. Continue facing way you have crossed until last polka when ~~evens~~ face down and ~~odds~~ up.

2 part

Steps 17-24

Same pattern as steps 1-8, i.e. not the same people leading as set has been inverted. Starts off with a cast out and down on the left (odds) and cast out and up on right (evens).

Steps 25-32

Same pattern as steps 9-16, i.e. dancers in places 2&7 start first.



arms up at 45° with hands touching, then move up the centre of the set for steps 6-8. Dancers 3&4 turn on step 6, 5&6 turn on step 7, 7&8 turn on step 8.

Steps 9-12

Keep dancing forwards to end up half a set in front of the first couples' places.

4

Continue to arm

Steps 13-16

Arms down and polka sideways into set width then all dance backwards to place.

20

Eights

No arms other than inside into star at 45° down.

Steps 1-8

Front 4 dancers form right hand star, inside hands in and down. Back 4 dancers form left hand star. Turn 1½ times.

Steps 9-24

Dancer 7 crosses in front of dancer 1 into the front star, then dancer 1 crosses into back star to make figure of eight. Continue this shaping until all have flowed twice through the whole figure of eight. Should give by step 20, leaving 4 steps to flow out of stars into original set shape facing up. On crossing person coming from bottom star crosses in front of person from top star.

Chain

(Face up when not crossing except on last step.)

Steps 1-4

Dancers 1&2, 5&6 cross set left shoulders, turning along sides to face down on step 4.

Steps 5-8

Dancers 2&3, 1&4, 6&7, 5&8 pass right shoulders along the side of the set. Original dancers 1&2 and 5&6 turn to face across set on 4th polka.

Steps 9-12

Original dancers 1&2, 5&6 (now in couple places 2 and 4) cross set left shoulders.

Steps 13-16

Dancers in middle (1&7, 2&8) pass right shoulders along the sides with 1&2 facing across the set on 4th polka.

Steps 17-32

Repeat with dancers now in positions 1&2, 5&6. All turn down on last step. **READY FOR STEP DOWN.**

GYPSY
Final Figure

(Facing down.)

Steps 1-4

2nd couples polka forward between 1st couples to give two lines of four.

Steps 5-12

All dance half a step down.

Steps 13-16

Link in pairs (1&3, 2&4, 5&7, 6&8) by placing hand on shoulder, pivot out and forwards to re-form set, slinging alternately on outside. Drop link.

Dance off

Step up across set into a single line, passing partner by right shoulder, carry on out to partners place and turn down on tap. Continue step down off from new position using kick everytime.

AMR/5/1/97

* Song, I had realised my cops had part of
Cast out missup.

2 Cast out. — arm 45°. Inside arm
Steps 1-4. Cast out for the top, hands down.
Dancers 1+2 turn on step 5 to next
facing up the centre, with inside arm
at 45°.