

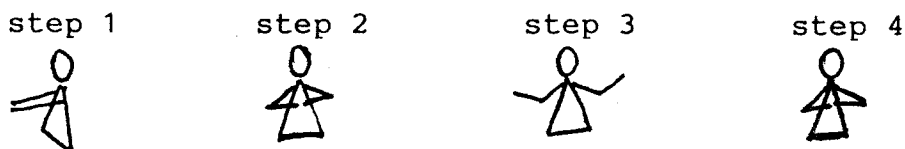
RUNCORN

Derby Crown's version of the dance which was danced by them until September 1981. Taught by Darryl at the NW Leader's Weekend October 1985 in Knaresborough.

MUSIC: Salmon Tails or other similar.
SET: Longways for 8
IMPLEMENTS: Handkerchiefs

STEPPING: Balance step onto left foot to commence. Free is pointed to give a light 'prancing pony' effect. (Another version gives energetic polka stepping.)

ARMING: On first step arms move forward and parallel. Hands are loosely clenched with thumbs uppermost. On 2nd step hands back to chest, 3rd step arms out to side (ie crooked with hands at shoulder height), 4th step hands back to chest.



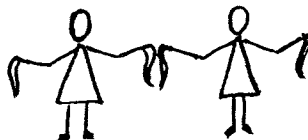
(Alternative version is given with short decorated sticks and almost straight arms as above.)

ON THE SPOT

Step and Arm for 16 steps on the spot facing up.

OUTSIDE CAST

Top couple separate and commence outside cast taking 4 even steps to reach the bottom of the set. Turn in and take inside hand with partner and lead couples back up centre of set. Free arm is held crooked with hand at shoulder height.



All achieve home place for:-

CORNERS TURN

1st corners do a slow right hand turn taking 8 steps to turn once, (2nds meanwhile Step and Arm on the spot.) 2nd corners then do a right hand turn.

ROUNDS

4 steps round in a circle anticlockwise (1/2 way). Odds turn in and dance inside evens back to place.

CORNERS CROSS

1st corners take 2 steps to cross (whilst arming), 2nd corners commence to cross on the 3rd bar (3rd step).

1st corners cross back (taking bars 5 and 6),
2nd corners cross back on 7th and 8th bars.

STAR

Right hand star 4 steps, turn out for left hand star 4 steps. Finish this figure facing partner for:-

BACK TO BACK

"Odds Inside" ie 1st and 3rd couples do left hand back to back whilst 2nd and 4th couples do right hand back to back.

Face up for:-

INSIDE CAST

Top couple turn in and lead down centre of set to bottom, taking 4 steps. Turn away from each other and lead up outside of set to place, 4 steps. Finish this figure with 1st couple facing each other, 2nd, 3rd and 4th couple facing the top of the set for:-

HEY

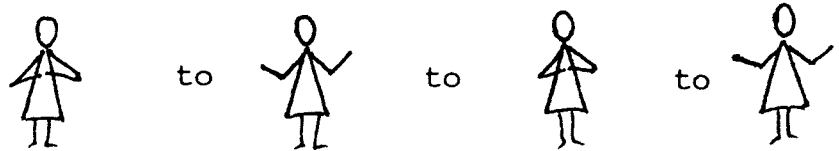
(Circular Hey)

Top couple cross by right (2 steps) turn to face down and pass 2nd couple by left on side. At the same time the 2nd couple move up and face each other ready to cross over at the top (as the first couple did).

All join in Hey when met.

On reaching bottom of the set do not cross with partner but lead up with partner (on wrong side)

to original place. Keep hands out until all are "home" and then Arm for 8 bars (8 steps) of music. Finishing on the last 3 bars with feet together and arms from:-



to finish.

To lead off take inside hands with partner and dance off.

Hey Pattern - showing movement of 1st couple.

Musician

