

Source: film of Manchester Morris Men taken in mid-60's. Dance based on E. Karpeles Ess.

Implements: slings and clogs.

PROCESSIONAL.

Walk - start inside foot, Wave alternate hands, once per bar, above head, left anticlockwise right clockwise, other hand across stomach, Start waving outside hand.

On arrival - face up in column - 7 bars of polka step, outside foot across first, ending with a step and jump and pausing with arms out at side. Alternate hands up in the polka, the same hand up as foot forward.

DANCE.

1. Back & Forward: start outside foot, walk backwards 3 steps and end feet together. Walk forward 3 steps and spring onto other foot. Hands twist alternately, twice to a bar, other hand across stomach. Repeat.

Hand up	out	out / in	in	/ out	out / both	back up //
Feet	out,	in	out tog	out in	out	Ω in
Track	backwards			forwards		


Step & Turn: face partner - 2 polka steps with same hand up as foot that is forward, then turn round completely on spot, going the same way as starting foot for polkas, with 3 steps and end together, both hands making small circles at waist level. Repeat. Odds start with "up" foot and turn "up" both times whereas evens go "up" then "down".

3. Cross Over & Back: face partner - polka step across, both hands up doing twists 3 to a bar and the 4th by inertia, left foot in front first, pass right shoulders, in 2nd bar across, turn clockwise to face back in bar 3 and a step and jump (1 bar). Cross back right shoulders again and clockwise turn to face up for the jump.

4. Back & Forward: twice

5. Step & Turn: odds up twice, evens up and down, as above.

6. Diagonals Cross: In 4's - first corner cross first, they pass to the left and turn 1 1/2 times on axis in the crossing, passing back-to-back, 4 bars in all. Second corner ditto.

Step rhythm  hands up and twists, end with step, j and arms back & up.

: all face in and Step & Turn, all up and then all down.

: diagonals cross back in turn and end facing up for the caper.

7. Back & Forward: twice

8. Step and Turn: as 5.

9. Insides: walk step, start outside foot and outside hand up, waving alternate hands one to a bar, free hand across front. Lead down middle of set following top pair, till set reversed. (8 bars)

10. Outsides: cast up outside set to place with polka steps and alternate hands up, 2 twists per bar and free hand behind body. End with spring as end Back & Forward.

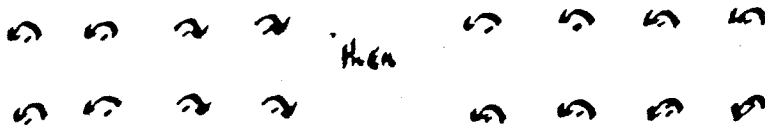
11. Back & Forward: twice

12. Step & Turn: as 5.

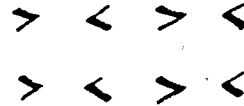
13. Hands Round: turn partner bothways, right then left, holding hands. Polka step, 4 bars each way with facing front halfway on a caper & hands down & up, and face up at end, evens turning anticlockwise. Hold hands bars 2-3, 5-6. Complete circuits.

14. Back & Forward: twice. On second time 2nd & 4th pair come forward between 1st & 3rd to make lines of 4 across the set.

15. Step & Turn in 4's: odds to left twice and evens to right then left.

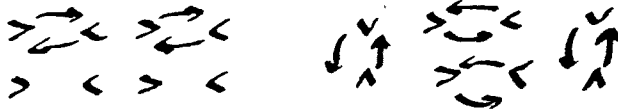


16. Up & Back in 4's: up in lines of 4 starting right foot. Walk forward 4 steps, 1 bar polka, step & j. Move back on 3 polka steps & a step and jump to face alternate directions across the set along the lines of 4.



17. Grand Chain: 2 passings of a grand chain and back again.

For each passing the step is / r 1 / r 1 / polka / step j/. First pass right giving right hand and turn to face back in bar 2. Turn to face on on the caper in bar 4. Repeat with next person but end facing back. Return to place the same manner, passing right then left as before. End with all facing down in lines of 4.



18. Down & Back in 4's: like 16 the other way, but ending falling into column facing down.

19. Back and Forward: twice, facing down, start inside foot.

20. Step & Turn: as 5.

21. Hands Across: in 4's, right hand star for 4 bars half way round, polka step, left foot forward first. ending with caper.

- : All step & turn facing front, turning up then down as in 6.
- ; left hand star, ending with jump facing up.

22. Back & Forward: twice, start outside foot and end facing front.

23. Step & Turn: as 5, ending all facing in, feet together, arms apart.

CROSS MORRIS

make large slow circles, one per bar.

1 / r / 1 / tog / Evens - opposite feet. Cross over, passing left shoulders and turning anticlockwise to face back. Repeat to place.

Face front and stamp down, up, down, up feet.

Face front then polka and turn up, polka and turn down and end jump to face up.

PROCESSIONAL OFF

1. Back & Forward: twice

2. Step & Turn: as 5 above.

3. Insides with walk step and lead off.