

KNUTSFORD

Based on dances from Knutsford 1921-1978

Steps - High knee raising skip-step start left foot down first
- setting step starting setting to the left first, free foot
crossed right over supporting foot

Arms - Shillelaghs waved from side to side horizontally in chorus.
Crossed in travelling parts of figures

THE DANCE (2 steps to each bar of music)

Introduction

Raise shillelaghs to a cross on the first beat of the 7th bar of
music.

Chorus

16 steps wave in line facing up. Wave to the right first, start
with left foot.

Figures (Chorus between each figure)

1. Cross Over

6 steps cross with partner right shoulder
2 steps turn up then face
4 setting steps facing partner right hand pointed diagonally up and
left diagonally down
8 steps repeat crossing
4 setting steps facing except for last one which is a turn to face up

2. Two's in Middle

4 steps to meet partner
4 steps high 1/2 right turn with partner
4 steps high 1/2 left turn
4 steps back to place

3. Four's in Middle

16 steps as for Two's but bunch in 4's low instead of 1/2 turns in twos

4. Aeroplane

4 steps following dancers move to places viz:-

- 1) 1 and 2 dance to position outside 3 and 4 while 15 and 16 do
likewise to position outside 13 and 14
- 2) 3 and 4 and 13 and 14 move towards middle slightly
- 3) 5 and 6 and 11 and 12 dance on the spot
- 4) 7,8,9 and 10 dance towards partner

- 4 steps. All turn on the spot to face the middle of the triangles on the corners or square in the middle
- 8 steps. All dance low right turn in 3's and 4's
- 8 steps. Low left turn
- 4 steps. turn to face own place
- 4 steps. dance back to place

5. Figure 8

- 16 steps dance outside cast to bottom
 - 16 steps dance up middle, cross shillelaghs with partner
 - 8 steps corners turn at right angles and dance to place while 9,10,11,12,13 and 14 turn in, then face down
 - 32 steps In lines of 3 dance round outside of corners up or down between them, then files dance up or down the set (column going down goes between those coming up) Then around outside of other corners, then between and back to own middle position
 - 4 steps turn to face own place
 - 4 steps out to place
- Corners do alternately 8 steps and 4 setting steps on the spot throughout the figure

6. Windmill

- 4 steps dance into one line in middle right shoulders
- 4 steps 2,4,6, and 8 and 9,11,13 and 15 turn on the spot to face clockwise
- 8 steps top 4 and bottom 4 dance in a line to take up a position such as to make a star formation. Rest. dance in place
- 8 steps wheel around a quarter turn, then do 4 setting steps in lines, shillelaghs right up with left down
This is repeated on all four corners
- 8 steps top 4 and bottom 4 turn left and retrace shape to make up one line again
- 4 steps turn to face own place
- 4 steps dance out to place

7. Hey in 4's

- 4 steps 1st couple in each 4 dance to stand in between 2nd couple
- 4 steps turn to face 2nd couple
- 16 steps dance a hey around 2nd couple who are stationary. Pass right shoulders in the middle each time with partner

8 steps turn to face own place then dance out to place
This is repeated with other couples between
N.B. Side couples dance 8 steps and 4 setting steps
alternately

8. Chain in Line

On last 4 steps of the previous chorus first couple in each four turn
to face down so that each couple are facing along the line
32 steps dance chain in line passing right shoulders first and touching
high right shoulders first and touching high right with shillelaghs. At
bottom and top turn left on the spot before commencing with a right with
the next dancer.