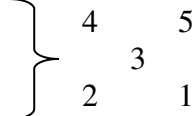


OLD JAMAICA

WAVERS **LEFT FOOT** step up **RIGHT FOOT** moves & dance on
25341 order for lining up

DANCE ON 12 Polkas 

Polka in a line for 8 Polkas,
then 4 into place, 4 & 5 stay at back while 1,2, & 3 move into place

STEP UP wavers on shoulders
Jump, both feet arms on shoulders, move left foot back then forward, land on left foot with right in the air. 4 single steps forward. Jump, both feet, move right foot back then forward land on right foot with left in the air, 4 single steps back to place.

FIGURE OF 8 8 Polkas wavers of shoulders
No 3 passes left shoulders with 1 & 2 and turns anti clockwise into a figure of 8.
No 1 & 2 link inside arm and pass left shoulders with no 3, and then right shoulders with 4 & 5 turning clockwise on the end then pass left back to place turning anti clockwise on the end.
No 4 & 5 pass no 1 & 2 turning anti clockwise on the end, then pass no 1 & 2 again turning clockwise on the end back to place.

WINDMILL 16 Polkas when not dancing stand still
No 3 puts both arms straight out, shoulder height, turning clockwise on the spot picking up 2 & 4 on the way so they change places. (4 steps), then pick up 1 & 5 so they change places (4 steps), then turn anticlockwise to pick up 2 & 4 and take them back to place. (4 steps) then do the same with 1 & 5 (4 steps)

NEXT BIT 8 Polkas wavers on shoulders
Dancers 1 & 5 polka for 2 to number 3, 1 Polka turning 180°, 1 polka to original place, 1 polka facing away from music, 2 polkas facing 3, 1 polka with back to caller.
Dancers 2 & 4 polka on the spot for 2, 2 Polkas to form a line with 3, (right shoulders), 3 polkas to change places around number 3, 1 polka to face music. Everyone ends in a diagonal line

RIPPLE HEY 24 Polkas
The line starts 5,4,3,2,1. 1 & 2 change places (1 step out and 1 into place). 1 & 3 change places, (steps 3,4) 1 & 4 (step 5,6), 1 & 5 (steps 7,8) change places, on steps 9 & 10, 2 & 3 change places, 2 & 4 change places (steps 11,12), 2 & 5 change places (steps 13,14). On steps 15 & 16 numbers 3 & 4 change places, then 3 & 5 change places (steps 17,18), 4 & 5 change places (steps 19,20). All the time the line is moving in an anti clockwise direction.
4 Polkas turn in a clockwise direction, 2 to face away from to caller, 2 to face the caller.
If you are already facing away from the caller, 2 steps on the spot, the others 2 (which everybody does at the same time) to turn and face the caller.

STEP UP

FLYING V 24 Polkas
Everyone turns clockwise to face away from the music in 2 steps, then 2 steps to form a V, with no 3 at the tip of the V, 2 Lancashire Rants with arms on waist. 4 single steps forward swinging arms, 2 steps clockwise half a turn to face the music, arms on shoulders. 2 Lancashire Rants arms on waist, 4 single steps forward swinging arms, 2 steps on spot arms on shoulders, 2 into line and 2 to face away from the caller.

STEP UP (away from the caller)

FIGURE OF 8 8 Polkas

No 3 passes right shoulders with 4 & 5 then turns clockwise on the end into a figure of 8, finish facing the caller.

4 & 5 link arms and pass right shoulders with no 3, then pass left shoulders with 1 & 2 turning clockwise on the end, then pass 1 & 2 again passing right shoulders, turning anticlockwise on the end into place.

1 & 2 pass 4 & 5 turning anticlockwise on the end, then pass 4 & 5 again turning clockwise on the end into place

ARCHES 24 Polkas

Arms should be raised above head in a arch like position, unless you are moving, then your wavers should be on your shoulders.

1 & 2 move together with 1 moving between 2 & 4 and no 5 moving between 4 & 5, (4 steps)

1 & 5 move together with 1 moving between 2 & 4 and no 5 moving between 3 & 2, (4 steps)

3 & 5 move together with 5 moving between 2 & 1 and no 3 moving between 1 & 4, (4 steps)

3 & 4 move together with 3 moving between 1 & 5 and no 4 moving between 2 & 5, (4 steps)

2 & 4 move together with 4 moving between 5 & 3 and no 2 moving between 3 & 1, (4 steps)

The last 4 steps are turning in a clockwise direction if you are facing the caller.

If facing away from the caller 2 steps on the spot and 2 turning with everyone to face the caller.

STEP UP

DANCE OFF

Everyone 2 steps on the spot, then no 3 moves 2 forward, then 3,4 & 5 move 2 forward making a V shape, everyone 2 on the spot, 2 Lancashire Rants with arms on waist, 4 single steps forward swinging arms, 2 to turn to the right and polka off with arms of shoulders