

# JOLLY SAILOR

**SLINGS**                      **INSIDE FOOT**                      **MUSIC** Portsmouth and drunken sailor

When the whistle blows inside hand on hip

## DANCE ON

Inside hand on hip, outside arm swinging above head 8 polkas Dancers Stop

**CHORUS**                      16 polkas                      inside leg, outside arm, arms swung alternately  
3 steps forward, hop and turn inwards, 3 steps forwards hop and turn inwards  
Repeat

**STRIP 1**                      16 polkas                      arms swinging above head unless linked with partner  
Couples 1,2 and 5,6 meet right hands in centre of the set, dance 1½ times round for 4 polkas.  
Everyone else 4 polkas on the spot.  
1,4 and 2,3                      5,8 and 4,7 meet left hands and dance 360°. 4 polkas  
1,2 and 5,6 meet again right hands dance round twice and back to place.                      8 polkas  
5,8 and 4,7                      4 polkas on the spot and 4 polkas forward in couples space in front.

## CHORUS

**STRIP 2**                      16 polkas  
As strip 1 but 3,4 and 7,8 now meet right hands in the centre. Everyone back to original positions at the end

**CHORUS**                      the last step squires side facing up the set, evens facing down

**DIAGONAL CAST** 16 polkas                      arms by side for this move  
1 and 8 lead their line crossing left shoulders in 4 polkas to form a diagonal line across the set.  
1 and 8 cast out and down (the set following) pass left shoulder.                      4 polkas to form a set formation  
1 and 8 lead their line crossing right shoulders in 4 polkas to form a diagonal line across the set  
1 and 8 cast out and down (the set following) pass right shoulders. 4 polkas back to place

## CHORUS

**INTO LINE**                      16 polkas                      only a drum beat, no music  
Each dancer in turn forms a line in middle of the set start with number 1 inside foot. Stand on spot until your turn.  
Each dancer in turn moves back to place, starting with number 1 using outside foot.  
Arms by side, stop dancing smart, and deliberate.

## CHORUS

**HELLO SAILOR**                      16 polkas  
1,3 and 2,4 hold hands, with outside arm on hips. 4 polkas to bottom of set,  
While 5,6 and 7,8 hold inside hands, outside arm by side, dance 4 polkas forward.  
1,2 and 3,4 hold inside hands, outside arm by side and dance 4 polkas forward.  
While 5,7 and 6,8 hold hands, with outside arm on hips. 4 polkas to bottom of set.                      (8 polkas)  
Repeat 8 polkas

## **CHORUS**

### **HEY ON SIDE**

3,4 and 7,8 dance 2 polkas forward to face out so 1,3 and 2,4 and 5,7 and 6,8 are facing each other.  
12 polkas across the set passing right shoulder first then left, on polka 15 and 16 ran back to place.

## **CHORUS**

### **FINAL FIGURE**

Everyone 2 polkas to form a circle facing in arms by side.

Single step marching, all pick up the sling of the dancer to your left, and lift over your head and rest on your right shoulder, turning to the right. Starting with number (1,2,4,6,8,7,5 and 3) on each beat.

6 steps round anticlockwise.

Number 1 and 2 drops slings, and number 2 swings slings above head and polkas off, followed by everyone else, in turn.