

Notes taken at a workshop given by Roy Dommett at the Albert's Out Town Folk Festival, February 1975. The dance is a collection of figures from the Manchester area put together to form a dance. Therefore various sources involved. *Set in column formation.*

Music: Any polka tune e.g. Castleton Garland Dance, Godley Hill etc.

Step: Polka/rant. R foot tapped in front of L to start then snatched back behind L etc. *For figs.*

Walk. Normal walk but tap foot before putting it down. *For Upstreet*

Hands: Hankies or slings swirl above the head.

Upstreet: All face up and step on the spot or move forward. Walk  
(8 bars) circling hands above head.

1. Swing Swing partner. Face her and put R hand round front of her  
(8 bars) waist. Swing, swirling free hand above the head. Repeat with L arm round waist.

2. Square Gypsie

(16 bars) In 4's. All polka on spot twice facing up. Cross the set (walk odds passing in front of evens. All dance 2 polka steps on the spot then top couple outside cast to bottom while bottom couple move up middle to top couples old place. Repeat to place.

3. Corners Cross

- a) 2nd corners cross (in 4's i.e. 2&3 and 6&7)  
b) 1st corners cross (1&4 and 5&8)  
(24 bars) c) Ends cross (4&3 and 5&6)  
d) In middle 4 2nd corners cross (1&8)  
e) In middle 4 1st corners cross (2&7)

} simultaneously

Repeat

i.e. a) (4&7)(2&5)

b) (3&8)(1&6)

c) (8&7)(1&2)

a) (6&3)

e) (5&4)

} simultaneously

End with set reversed but on own side.

Outside cast from bottom back to place

4. Gypsie Evens face partner and step on the spot. Odds dance whole

(8 bars) gyp round the evens, passing R shoulders to start, always

facing them. Repeat with odds stepping on the spot. 4 bars each way polka stepping.

5. Stars In 4's. R hand star. L hand star. polka step 4 bars each way. Ends cross (1&2) (7&8) while middle 4 star half way (24 bars) round.

On the sides 2 and 6 change places, 1&5, 4&8, and 3&7. Repeat from beginning of figure and end with set reversed each on own side.

8 bars: Dance inside cast from bottom of the set back to place. (The second changes on the side will be 7&5, 6&8, 1&3, 2&4).

6. One Half

16 bars: In 4's. Top couple cast down middle and dance in a circle on reaching the second couples place. Meanwhile 2nd couples move up to the top couples place and face down. All face down and step on the spot continue cast to place. i.e. 1st couple cast up on the outside. All face up and step on the spot.

7. Small Hey

8 bars: In 4's. Face partner and cross set passing right shoulders. Cross on the side of the set (L shoulders) with partner across the set, R shoulders, and on the side back to place, L shoulders.

8. Coronation Hey

8 bars: Top couple face down everyone else face up. 1st and 3rd couples change places (1st down middle 3rds. up outside), 2nd and 4th couples change places (2nds cast out and down 4th come up the middle). End so that 1st and 3rd couple face down and 4th and 2nd couple face up. Change places with person facing you (on the sides) passing R shoulders and all face down.

9. Overlapping Cast

16 bars: From the bottom of the set dance an overlapping cast, evens moving inside the odds until return to position at beginning of figure. i.e. dance a complete circle.



10. Progressive Hey.

16 bars: Couple at the bottom i.e. No's 1&2 face up, the rest face down. Bottom couple start a progressive hey back to place on own side polka.

11. Stop All turn to face partner, polka stepping, and stop dead.

