

Memo to:

BANKS VILLAGE

As taught Ray Smith - Leyland NW Leathes 21.11.87 (10)

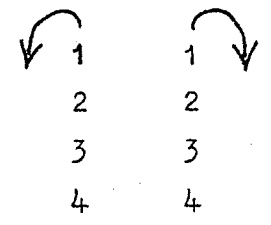
N.B. These are just some of the figures collected from Banks, near Southport. The dance obviously altered a great deal over the years!

Danced by the children of the Methodist School at Banks at the annual field day.

Working in sets of 8 dancers; all begin on R. foot. Single step, lifting the knees.

Music: Jigs (something catchy e.g. Blaydon Races, Ship Ahoy, Ma Who Broke the Bark)

DANCE ON & CAST UP



4 4  
3 3  
2 2  
1 1

Inside hand on your partner's shoulder; outside hand down.  
  
Both hands up as you cast out.

TOP TOP

QUICK CROSS OVER

1's cross by R. shoulder & turn up (4 steps); 1's re-cross by R. & turn up, AND 2's cross by R. at the same time (4 steps); 2's re-cross AND 3's cross; 3's re-cross AND 4's cross; 4's re-cross. All step on spot to end of phrase of music.

FOURS

R & L hand Stars, danced in the middle of the set by the 4 'end' dancers i.e. 1's & 4's; then by the middle 4 dancers i.e. 2's & 3's. When not dancing in the stars face up & dance on the spot.

ARCHES

1's dance down centre & turn out into bottom spot (8 steps) MEANWHILE other dancers hold up inside hands to make a wide arch & dance on spot for 4 steps THEN move forward 4 steps. This leaves room on the back for the 1's, and the set remains in the same place - rather than all ending up in a heap at the back!

Repeated for 2's, 3's & 4's in turn.

INSIDE CAST

Led by 1's - inside hand on partner's shoulder, outside hand down. Keep this movement compact.

BACK TO BACK

(From the point of view of the dancers, facing up to the Leader...) LEFT side across first, passing R. shoulder around partner and drop back to place; face up & dance on spot (16 steps) WHILE right side face up and dance on spot.

Repeat that with RIGHT side going across and passing R. shoulder around.

CHAIN ON THE SIDE

1's & 3's face down, 2's & 4's face up: chain up and down your own line, passing R. shoulder to begin.

Dance on the spot to end of phrase of music.

STAR ON THE SIDE

2's face 3's, join R. hands & begin to turn; 1's come into stars behind 2's, 4's come in behind 3's. R & L hand stars.

BIG CROSS OVER

1's cross over (4 steps), face up (4 steps), re-cross (4 steps) and face up (4 steps). Repeat with 1's & 2's; then 1's, 2's & 3's; then 1's, 2's, 3's & 4's.

OUTSIDE CAST

Cast out from the top, meet at bottom; inside hand on partner's shoulder and outside hand down. EITHER finish on the spot OR dance off.