

SEVEN CHAMPIONS MOLLY DANCERS

INERTIA

Set: 6 dancers - in double line facing across the set.

	M	
1		2
3		4
5		6

Tunes: Negro Sand Jig / *MAD MOLL OF THE CHESHIRE HUNT*

Steps: Mainly single step. Left foot start unless otherwise stated.

Dance Format: Swing Corners
Across and Back
Lead Down
Stars
Swing Corners
Across and Back
Lead Down
Stars
Swing Corners
Across and Back
Lead Down
Stars
Finish

Figures: Unless stated otherwise, all figures start on the first beat of the bar.

In this dance the set changes orientation three times, after the end of "Stars". Therefore all through the dance, the original dancer in position 1 is designated as permanent number 1 and all figures take their orientation from this dancer. Dancer 6 will also keep the same relative position throughout while dancers 2 and 5 swap places each time through.

Swing Corners: The middle couple (dancers 3 and 4) swing clockwise one and a half turns clockwise with an upperarm hold while polka stepping. Dancer 3 then left arm turns dancer 6 in four single steps while at the same time dancer 4 turns dancer 1.

In two polka steps, dancers 3 and 4 dance round each other clockwise one and a half times. Dancer 3 then left arm turns dancer 2 in four single steps while at the same time dancer 4 turns dancer 5 before finishing in the opposite position.

1	2
4	3
5	6

Across and Back: In four single steps, dancer 1 plus the corner dancer on the same side of the set (e.g. dancer 5 first time through) crosses into line with the opposite side of the set.

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                2
                1
    3           4
                5
                6
  
```

In four more steps they reverse back to place.

In four single steps, dancer 6 plus the corner dancer on the same side of the set (e.g. dancer 2 first time through) crosses into line with the opposite side of the set.

```

    1
    2
    3           4
    6
    5
  
```

In four more steps they reverse back to place.

Tops Down: Single stepping throughout. On first beat, first pair dance to meet face to face. Both turn to face the bottom of the set on beat two and dance past the bottom pair. On beat five, the second pair follow the first pair in similar fashion. On beat nine, the third pair dance to meet face to face while all the others turn to face across. On beat ten all turn to face the top of the set and process back up the set. On beat fourteen, all turn to face across the set and take two steps to reverse into place. This figure has inverted the set.

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    5           6
    3           4
    1           2
  
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Stars: Middles move to their right to join ends in three hand stars ie dancers 1, 2 and 3 in one star and dancers 4, 5 and 6 in the other. Hands in on beat 2.

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    5           6
        4
        3
    1           2
  
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Break on beat 7 and turn on beat 8.

Dancers 3 and 4 swop stars before all repeat with left hand stars.

5		6
	3	
	4	
1		2

Finish with middles backing into place between the ends, thereby moving the set through 90 degs. The position of dancer 1 denotes the new top of the set.

5	3	6
1	4	2

Finish: On third and final "Stars", all finish in the new orientation on final beat with stamp of foot, arms raised straight and with a loud shout of "Hoi!".