

FOUR OLD MAN'S DANCE

Source : Misc team at Merrivale Day of Dance 1986 from video.

Dance : four dancers with long sticks, start in a square.

Chorus : turn on spot, very slow steps, looking very old and fragile.

FIGURES

1. hit backsides with sticks.
2. kick away walking stick to made dancer stagger.
3. get right legs over sticks linked together. Hop round.
4. alternate butts dib and throw to opposite corner.
5. pass hats clockwise.

Final turn round and walk off very slowly in line, last dancers collapses and dies on ground.

LONG STICK DANCE

Source : TV programme on disadvantaged people.

Set : 6 persons in two files of 3.

Stick : long, held in both hands.

Step : single steps continuously.

Figures

1. 3 on side (or at top) dance in circle clockwise, 1 bar just stepping, next bar hit the three sticks together right to left, left to right, as a high basket, sloping alternate ways.
2. Two circles of three that inter-leave and the pair hit who are facing.
3. Change circles.
4. Circle and then all three down side to other circle - like tramcars, hitting as pass.