

NEWCASTLE or WHITE ROSE

Source : White Rose of Wellington - as noted from a demonstration
 Music : Playford tune of same name
 Implements : Garlands (sticks)
 Set : 6 dancers in two lines
 Step : polka and skip (*In italics are Minden Rose variants*)

CHORUS

All face up : (Turn out to face up) : Polka sideways to change places with opposite, 2 bars into single file, 2 bars to opposite. Those on the odd side go in front every time.

Ends change, up and down the set, with skip (*polka*) step, original top pair go between bottom pair each time (*pair actually at top through middle each time*). The centres move back a little to let others through with comfort and then forward into set formation again. All face up again and repeat.

FIGURES**1. SPIRAL ON**

Come on in one line, 1 3 5 2 4 6, in a serpentine path, then odds come up own side and evens follow up on their side. (*skip*) Go immediately into a chorus.

2. HELICOPTERS

Stars right and left in 3's, middles go to the right to start, 8 bars each way. Turn in at ½ way.

3. C'EST LA VIE

Move into one line along centre in no more than 2 polkas, right shoulder with opposite, and 1 3 4 6, turn to right so that all face anticlockwise relative to the middle of the line, in no more than 2 polkas. Line of 6 rotate as one line completely round in 8 bars. 2 5 then ½ turn right so that all face own place and all dance out forwards. (*1 3 4 6 turn and all dance out backwards*)

4. HERRINGBONE CIRCLE

All face up : (*skip*) cast round to other side, lines going through at the top alternately, no.1 crossing first. Down the outside of the set on the wrong side then cast in and back up the centre shoulder to shoulder with opposite. Cast down outside again and cross alternately at the bottom to come on the starting side to place. (*come in close before crossing at bottom*)

5. SHOELACE HEY

Diagonals cross etc. the following are as per starting numbers not position in set (1) 1 with 4, 3 with 6 (2) 2 with 6, 1 with 5 (3) 4 with 5, 2 with 3. The set is now reversed. (*Either continue pattern till reach starting places and fill in final 4 bars with a whole gyp with opposite, garlands face to face,*) or cross with opposite then carry on the pattern from other side and cross back to place at the end. With polka step each change is 4 bars (*with skip step each change is 2 bars*). 32 (16) bars in all.

6. EXIT

As entry lead off by odds, followed by the evens 1 3 5 2 4 6 not 1 3 5 6 4 2
 (*skip*)