

SOUTH AUSTRALIA

- Source** : film and teaching of the Adelaide Morris, Australia, in 1983 and the Britannic Bedlam Morris Gentlemen of Wellington, New Zealand in 1990. The second version is much more exciting to perform than the first. The third makes a good Ale dance!
- Music** : the shanty "Bound for South Australia".
- Sticks** : long morris stick. The "double" hold is with the stick being held in the left hand at one end, knuckles on top, and the right hand in the middle, knuckles underneath.
- Figs** : Adderbury figures used.
- Set** : six dancers in normal morris set.

ADELAIDE MORRIS

CHORUS

Evens hold sticks forward with an Adderbury "doubles" grip, and the odds, using a two handed grip of the butt of their stick, hit down on the middle on the second strong beat of the bar. Evens hit odds similarly in the second bar. Both hit tips together, using a two handed grip of the butts and a full swing, right to left, left to right, right to left and left to right. Continue facing across to opposite, all sidestep down, holding the sticks in a "double" hold as waist level, horizontal in lines as if hauling a rope. Then all face up and dance back to place with four plain capers.

BEDLAM MORRIS

They do not use music. All should sing all of the shanty, but remembering all the words with everything else going on is difficult, so at least one sings the verses and all sing the chorus of the shanty. The sticks are held in the "double" hold diagonally across the chest during the figures.

ORDER and WORDS

Capstan,

In South Australia I was born, Heave away, haul away,
In South Australia round Cape Horn, We're bound for South Australia.

Chorus,

Heave away you rolling kings, Heave away, haul away,
Heave away you'll hear me sing, We're bound for South Australia.

Back-to-Back,

As I walked out one morning fair, Heave away, haul away,
'Twas there I met Miss Nancy Blair, We're bound for South Australia.

Tops-Down,

I shook her up, I shook her down, Heave away, haul away,
I shook her round and round the town, We're bound for South Australia.

Bottoms-Up,

There ain't but one thing grieves me mind, Heave away, haul away,
To leave Miss Nancy Blair behind, We're bound for South Australia.

Hands Around,

And now we're sailing round Cape Horn, Heave away, haul away,
You'll wish to God you's never been born, We're bound for South Australia.

Adderbury Hey,

And now I'm safely on dry land, Heave away, haul away,
With a bottle of whisky in me hand, We're bound for South Australia.

END on a chorus.

CAPSTAN FIGURE

Instead of a normal walk round and sing, all hold sticks horizontally with a two handed grip at end with both knuckles on top, the free ends being into the middle like the arms of a capstan, and walk round simulating pushing.

CHORUS

All stand facing opposites, stick held in two handed grip at bottom and stick sloping up to the right across the chest. In bar one the evens push their stick forward on the first strong beat and hold it steady, and the odds strike (more of a vigorous swipe) its tip on the second strong beat. In bar two the evens hit the odds in a like manner. In the next bar both strike their partner's stick, up high, with a forehand and then a backhand clash. Then the stick is swung horizontally over the head (clockwise looking up) to strike partner's stick again with a forehand on the second strong beat of the fourth bar. This swing starts either with a preparatory movement to the right as if ready for a forehand, or as a bounce off of the backhand. All continue facing across and step and close twice, moving sideways down the set with the stick held as if heaving on a rope. Face up and dance up with stick on shoulder, clashing with opposite at the end.