No. 4 - sst, turning 180° right, to face no 5, down.

No. 5 - sst, ~~facing up~~, into centre line, to face no. 4.

No. 6 stand.

Bar 6 - No. 1 - sst, turning 180° right, to face no. 2, down

No. 2 - sst, turning 180° right, to face no. 1, up.

No. 3 - sst, turning 180° right, to face no. 4, down.

No. 4 - sst, turning 180° right, to face no. 3, up.

No. 5 - sst, turning 180° right, to face no. 6, down

No. 6 - sst, turning 180° right, to face no. 5, up

Bars 7 & 8 - all 3 bs + fcj to opposite's place.

Bars 9-14 - all face across.

Repeat as bars 1-6 - in order

Nos. 6, 5, 4, 3, 2, 1. NB - this involves all moving into centre line on 'wrong' foot - ie sst, moving left - sst, moving right.

Bars 15-16 - all 3 bs + fcj into own place.