

# WAITING FOR THE VACCINE

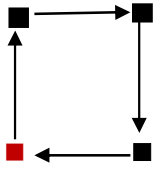
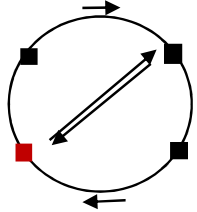
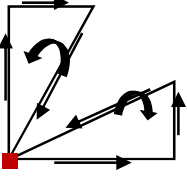
**Source :** A solo Border Dance devised by Pauline Woods-Wilson and Linda Glanville

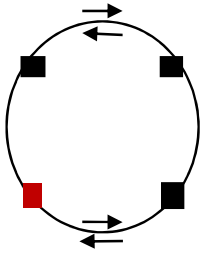
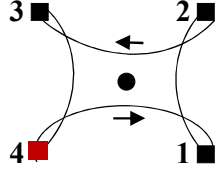
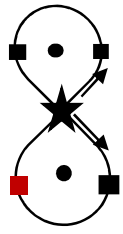
**Tune :** **Four Up** written by Barry Goodman.  
Intro then 8 bars “A” music for a chorus, 8 bars “B” music for each figure.

**Step :** Single Step, Right Foot start

**Sticks :** Two short or mid length sticks

**Sequence :** Chorus  
                   Foot Up  
                   Chorus  
                   Back to Back  
                   Chorus  
                   Windmill  
                   Chorus  
                   Clover  
                   Chorus  
                   Figure of 8  
                   Chorus

Description of Figures	Pictorial Representation
<p><b>Chorus [16 steps]</b></p> <p><b>Stepping</b>            2 single steps on the spot, 2 single steps forward, turn left 90°,            2 single steps on the spot, 2 single steps backwards, turn left 90°,            2 single steps on the spot, 2 single steps forward, turn left 90°,            2 single steps on the spot, 2 single steps backwards, turn left 90°.            NB The turns are made on the ‘hop’ of the 4<sup>th</sup> single step.</p> <p><b>Sticking</b>            Clash sticks together twice at face height when dancing on the spot, then place sticks on shoulders when moving.            Repeat 3 times.</p>	<p>♫ TOP</p>  <p>■ = start position</p>
<p><b>Foot Up [16 steps]</b></p> <p>Sticks held on shoulders (right stick on right shoulder, left stick on left shoulder)            Dance 4 steps diagonally forward to the right to the opposite corner of the square, 4 steps diagonally backwards, 8 steps in a clockwise direction to circle back to starting position.</p>	
<p><b>Back to Back [16 steps]</b></p> <p>Sticks on shoulders throughout figure.            Go forward as a right shoulder back to back for 8 steps, turning left to spin once on the backwards path, turn right 90°, forward as a left shoulder back to back, turning right to spin on the backwards path, turn left 90°.            [2 steps forward, 2 steps to right, 4 steps backwards, repeat but move to left]</p>	

<p><b>Windmill [16 steps]</b></p> <p>Take 8 steps to dance a clockwise circle, at the same time rotate the right hand stick like the sails of a windmill so that it is high on odd steps and low on even steps, the body should be slightly turned to the right so that the stick is in the centre of your circle. The left hand stick is held on the shoulder.</p> <p>Turn out the long way round [left] take 8 steps to dance an anticlockwise circle with the left hand stick pointing into the centre of the circle and the right hand stick on the right shoulder.</p>	
<p><b>Clover [16 steps]</b></p> <p>You will dance in all four positions around the central ●, moving to Number 1 first, facing towards the ● after each set of 4 steps. Point sticks down clash together twice while dancing 2 steps, then turn right to rotate to face the centre again for 2 steps with sticks pointing down.</p>	
<p><b>Figure of 8 [16 steps]</b></p> <p>Dance 8 steps round a figure of eight path as follows :-</p> <ul style="list-style-type: none"> <li>○ point left hand stick diagonally down &amp; dance round it for 4 steps (top half of figure 8 in diagram), outer stick on shoulder</li> <li>○ point right hand stick diagonally down &amp; dance around it for 4 steps (bottom half of figure 8 in diagram), outer stick on shoulder</li> <li>○ Repeat.</li> </ul> <p>Arm swapping takes place at the ★, as you swap sticks, clash them together between each set of 4 steps on the hop.</p>	
<p><b>Final Chorus</b></p> <p>Clash sticks up in the air on the last step to finish.</p> <p>Final set of 4 steps will be step, hop, step, hop, stamp, stamp, stamp.</p>	

## Alternative Version

The figures are the same but each chorus differs in the stick clashing and position the sticks are held in.

### Chorus 2 - Candles

Clash sticks together twice at face height on first two steps, arms out in front with sticks vertically for the next 2 steps. Repeat 3 times.

### Chorus 3 - Side

Clash sticks together twice at face height on first two steps, hold arms out to the side with sticks vertically for the next 2 steps. Repeat 3 times.

### Chorus 4 – Flat

Clash sticks together twice at face height on first two steps, hold sticks together horizontally in front of the body for the next 2 steps. Repeat 3 times.

### Chorus 5 – Front and Back

Clash sticks together in front of the body pointing down on step 1, clash sticks behind the body on step 2 and hold sticks at the side of the body pointing down for the next 2 steps. Repeat 3 times.

### Chorus 6 - High and Low

Clash sticks together twice just above head on first two steps, and then sweep sticks down to the side of the body pointing down for the next 2 steps. Repeat 3 times leaving sticks up in the air the last time to clash above head to finish. Last 4 steps – step, hop, step, hop, stamp, stamp, stamp.

## Calling Cards

### WAITING FOR THE VACCINE

Right foot start  
2 short or 2 mid length sticks

#### BASIC VERSION

**Chorus**

**Foot Up**

**Chorus**

**Back to Back**

**Chorus**

**Windmill**

**Chorus**

**Clover**

**Chorus**

**Figure of 8**

**Chorus**

### WAITING FOR THE VACCINE

Right foot start  
2 short or 2 mid length sticks

#### ADVANCED VERSION

**Chorus**

**Foot Up**

**Chorus - Candles**

**Back to Back**

**Chorus - Side**

**Windmill**

**Chorus - Flat**

**Clover**

**Chorus - Front and Back**

**Figure of 8**

**Chorus - High and Low**